

	Monday (Sept. 12)	Tuesday (Sept. 13)	Wednesday (Sept. 14)	Thursday (Sept. 15)	Friday (Sept. 16)
North Dakota Standard	Standard 1: Demonstrates competency in a variety of motor skills and movement patterns. Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	Standard 1: Demonstrates competency in a variety of motor skills and movement patterns. Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	Standard 1: Demonstrates competency in a variety of motor skills and movement patterns. Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	Standard 1: Demonstrates competency in a variety of motor skills and movement patterns. Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	Standard 1: Demonstrates competency in a variety of motor skills and movement patterns. Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.
Topic	Locomotor skills	Locomotor skills	Locomotor skills	Locomotor skills	Locomotor skills
Objectives	SWBAT Hops, gallops, jogs and slides using a mature pattern. SWBAT Differentiates between fast and slow speeds. SWBAT Differentiates between strong and light force.	SWBAT Hops, gallops, jogs and slides using a mature pattern. SWBAT Differentiates between fast and slow speeds. SWBAT Differentiates between strong and light force.	SWBAT Hops, gallops, jogs and slides using a mature pattern. SWBAT Differentiates between fast and slow speeds. SWBAT Differentiates between strong and light force.	SWBAT Hops, gallops, jogs and slides using a mature pattern. SWBAT Differentiates between fast and slow speeds. SWBAT Differentiates between strong and light force.	SWBAT Hops, gallops, jogs and slides using a mature pattern. SWBAT Differentiates between fast and slow speeds. SWBAT Differentiates between strong and light force.
Bellringer	Stretches	Stretches	Stretches	Stretches	Stretches
Guided Practice	Practice Skills	Practice Skills	Practice Skills	Practice Skills	Practice Skills

Independent Practices	Tag Variation	Tag Variation	Tag Variation	Tag Variation	Tag Variation
Remarks					