	Monday (Sept. 12)	Tuesday (Sept. 13)	Wednesday (Sept. 14)	Thursday (Sept. 15)	Friday (Sept. 16)
North	Standard 1:	Standard 1:	Standard 1:	Standard 1:	Standard 1:
Dakota	Demonstrates	Demonstrates	Demonstrates	Demonstrates	Demonstrates
Standard	competency in a	competency in a	competency in a	competency in a	competency in a
	variety of motor	variety of motor skills	variety of motor	variety of motor skills	variety of motor skills
	skills and	and movement	skills and	and movement	and movement
	movement patterns.	patterns.	movement patterns.	patterns. Standard 2:	patterns. Standard 2:
	Standard 2: Applies	Standard 2: Applies	Standard 2: Applies	Applies knowledge of	Applies knowledge of
	knowledge of	knowledge of	knowledge of	concepts, principles,	concepts, principles,
	concepts, principles, strategies and	concepts, principles, strategies and tactics	concepts, principles, strategies and	strategies and tactics related to movement	strategies and tactics related to movement
	tactics related to	related to movement	tactics related to	and performance.	and performance.
	movement and	and performance.	movement and	and performance.	and performance.
	performance.	and performance.	performance.		
Topic	Locomotor skills	Locomotor skills	Locomotor skills	Locomotor skills	Locomotor skills
Objectives	SWBAT Hops,	SWBAT Hops,	SWBAT Hops,	SWBAT Hops,	SWBAT Hops,
	gallops, jogs and	gallops, jogs and	gallops, jogs and	gallops, jogs and	gallops, jogs and
	slides using a	slides using a mature	slides using a	slides using a mature	slides using a mature
	mature pattern.	pattern.	mature pattern.	pattern.	pattern.
	SWBAT	SWBAT	SWBAT	SWBAT	SWBAT
	Differentiates	Differentiates between	Differentiates	Differentiates	Differentiates between
	between fast and	fast and slow speeds.	between fast and	between fast and slow	fast and slow speeds.
	slow speeds.	SWBAT	slow speeds.	speeds.	SWBAT
	SWBAT	Differentiates between	SWBAT	SWBAT	Differentiates between
	Differentiates	strong and light force.	Differentiates	Differentiates	strong and light force.
	between strong and		between strong and	between strong and	
	light force.		light force.	light force.	
Bellringer	Stretches	Stretches	Stretches	Stretches	Stretches
Guided	Practice Skills	Practice Skills	Practice Skills	Practice Skills	Practice Skills
Practice					

Independent	Tag Variation				
Practices					
Remarks					