

	Monday (Oct. 3)	Tuesday (Oct. 4)	Wednesday (Oct. 5)	Thursday (Oct. 6)	Friday (Oct. 7)
North Dakota Standard	Standard 1: Demonstrates competency in a variety of motor skills and movement patterns. Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	Standard 1: Demonstrates competency in a variety of motor skills and movement patterns. Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	Standard 1: Demonstrates competency in a variety of motor skills and movement patterns. Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	Standard 1: Demonstrates competency in a variety of motor skills and movement patterns. Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	Standard 1: Demonstrates competency in a variety of motor skills and movement patterns. Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.
Topic	Locomotor skills	Locomotor skills	Locomotor skills	Locomotor skills	Locomotor skills
Objectives	SWBAT Run and jog in a mature pattern. SWBAT Skip using a mature pattern. SWBAT jump correctly horizontal and vertical with a two foot take off and landing.	SWBAT Run and jog in a mature pattern. SWBAT Skip using a mature pattern. SWBAT jump correctly horizontal and vertical with a two foot take off and landing.	SWBAT Run and jog in a mature pattern. SWBAT Skip using a mature pattern. SWBAT jump correctly horizontal and vertical with a two foot take off and landing.	SWBAT Run and jog in a mature pattern. SWBAT Skip using a mature pattern. SWBAT jump correctly horizontal and vertical with a two foot take off and landing.	SWBAT Run and jog in a mature pattern. SWBAT Skip using a mature pattern. SWBAT jump correctly horizontal and vertical with a two foot take off and landing.
Bellringer	Stretches	Stretches	Stretches	Stretches	Stretches
Guided Practice	Practice Skills	Practice Skills	Practice Skills	Practice Skills	Practice Skills
Independent Practices	Obstacle course	Obstacle course	Hopscotch	Hopscotch	Hopscotch
Remarks					