	Monday (Oct. 3)	Tuesday (Oct. 4)	Wednesday (Oct. 5)	Thursday (Oct. 6)	Friday (Oct. 7)
North	Standard 1:	Standard 1:	Standard 1:	Standard 1:	Standard 1:
Dakota	Demonstrates	Demonstrates	Demonstrates	Demonstrates	Demonstrates
Standard	competency in a	competency in a	competency in a	competency in a	competency in a
	variety of motor	variety of motor skills	variety of motor	variety of motor skills	variety of motor skills
	skills and	and movement	skills and	and movement	and movement
	movement patterns.	patterns.	movement patterns.	patterns. Standard 2:	patterns. Standard 2:
	Standard 2: Applies	Standard 2: Applies	Standard 2: Applies	Applies knowledge of	Applies knowledge of
	knowledge of	knowledge of	knowledge of	concepts, principles,	concepts, principles,
	concepts, principles,	concepts, principles,	concepts, principles,	strategies and tactics	strategies and tactics
	strategies and tactics related to	strategies and tactics related to movement	strategies and tactics related to	related to movement and performance.	related to movement and performance.
	movement and	and performance.	movement and	and performance.	and performance.
	performance.	and performance.	performance.		
Topic	Locomotor skills	Locomotor skills	Locomotor skills	Locomotor skills	Locomotor skills
Objectives	SWBAT Run and	SWBAT Run and jog	SWBAT Run and	SWBAT Run and jog	SWBAT Run and jog
3	jog in a mature	in a mature pattern.	jog in a mature	in a mature pattern.	in a mature pattern.
	pattern.	SWBAT Skip using a	pattern.	SWBAT Skip using a	SWBAT Skip using a
	SWBAT Skip using	mature pattern.	SWBAT Skip using	mature pattern.	mature pattern.
	a mature pattern.	SWBAT jump	a mature pattern.	SWBAT jump	SWBAT jump
	SWBAT jump	correctly horizontal	SWBAT jump	correctly horizontal	correctly horizontal
	correctly horizontal	and vertical with a	correctly horizontal	and vertical with a	and vertical with a two
	and vertical with a	two foot take off and	and vertical with a	two foot take off and	foot take off and
	two foot take off	landing.	two foot take off	landing.	landing.
	and landing.		and landing.		
Bellringer	Stretches	Stretches	Stretches	Stretches	Stretches
Guided	Practice Skills	Practice Skills	Practice Skills	Practice Skills	Practice Skills
Practice					
Independent	Obstacle course	Obstacle course	Hopscotch	Hopscotch	Hopscotch
Practices					
Remarks					