|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday (May 8) | Tuesday (May 9) | Wednesday (May 10) | Thursday (May 11) | Friday (May 12) |
| ND Standard | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 |
| Topic | Helicopter | Double Jump rope | Helicopter | Wiffleball tee hitting | Wiffleball tee hitting |
| Objectives | SWBAT Demonstrate rhythm with body movement and coordinated jumps | SWBAT Demonstrate rhythm with body movement and coordinated jumps | SWBAT Demonstrate rhythm with body movement and coordinated jumps | SWBAT Use a bat as an extension of their arm and swing in a mature fashion | SWBAT Use a bat as an extension of their arm and swing in a mature fashion |
| Bellringer | Warm Ups | Warm Ups | Warm Ups | Warm Ups | Warm Ups |
| Lesson Plan | * Students begin to learn how jump rope with a rope that swings around the middle basketball
 | * Students begin to learn how jump rope with two people holding the rope
 | * Students begin to learn how jump rope with a rope that swings around the middle basketball
 | * Students will hit wiffle balls from tees (stacked cones)
* Other students will field the balls
 | * Students will hit wiffle balls from tees (stacked cones)
* Other students will field the balls
 |