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|  | Monday (Jan. 9) | Tuesday (Jan. 10) | Wednesday (Jan. 11) | Thursday (Jan. 12) | Friday (Jan. 13) |
| ND Standard | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 |
| Topic | Personal Wellness | Personal Wellness | Personal Wellness | Personal Wellness | Winter Activity |
| Objectives | SWBAT Follow directions and understand that their actions affect others | SWBAT Follow directions and understand that their actions affect others | SWBAT Follow directions and understand that their actions affect others | SWBAT Follow directions and understand that their actions affect others |  |
| Bellringer | Warm ups | Warm ups | Warm ups | Warm ups |  |
| Lesson Plan | * Play Pass the Plate
* Instructions are printed
 | * Play Hula Hoop Igloos
* Instructions are printed
 | * Play Hula Hoop Igloos
* Instructions are printed
 | * Play Heavy Lifters
* Instructions are printed
 | * Students will tube down hill
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