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|  | Monday (Jan. 2) | Tuesday (Jan. 3) | Wednesday (Jan. 4) | Thursday (Jan. 5) | Friday (Jan. 6) |
| ND Standard | No School | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 |
| Topic |  | Personal Wellness | Personal Wellness | Personal Wellness | Personal Wellness |
| Objectives |  | SWBAT Identify healthy foods and a well balanced meal | SWBAT Identify healthy foods and a well balanced meal | SWBAT Follow directions and understand that their actions affect others | SWBAT Follow directions and understand that their actions affect others |
| Bellringer | NO School | Warm ups | Warm ups | Warm ups | Warm ups |
| Lesson Plan |  | * Students will go through food cards and determine which pile, healthy or unhealthy, they go into
* Students will then sort the healthy foods into each food group
 | * Students will use the food cards to play Set the Table
* Instructions are printed
 | * Play No More Monkeys
* Instructions are printed
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* Instructions are printed
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