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|  | Monday (Jan. 30) | Tuesday (Jan. 31) | Wednesday (Feb. 1) | Thursday (Feb. 2) | Friday (Feb. 3) |
| ND Standard | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 | Standard 1,2,3,4,5 |
| Topic | Throwing and Catching | Throwing and Catching | Throwing and Catching | Throwing and Catching | Throwing and Catching |
| Objectives | SWBAT Throw and catch various sized balls with mature form | SWBAT Throw and catch various sized balls with mature form | SWBAT Throw and catch various sized balls with mature form | SWBAT Throw and catch various sized balls with mature form | SWBAT Throw and catch various sized balls with mature form |
| Bellringer | Warm Ups | Warm Ups | Warm Ups | Warm Ups | Warm Ups |
| Lesson Plan | * Students play Keep Away
* Instructions will be printed out
 | * Students play Boom City
* Instructions will be printed out
 | * Students play Boom City
* Instructions will be printed out
 | * Students play Hula Hut Toss
* Instructions will be printed out
 | * Students play Hula Hut Toss
* Instructions will be printed out
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