

The Viking

March 2020



Edmore Public School
706 N Main St.
Edmore, ND 58330
www.edmore.k12.nd.us

Greetings Parents/Guardians:

Spring is just around the corner as we are about to set our clocks ahead with daylight savings time. Congratulations to our girls' basketball team on their successful season and earning their way to the State class "B" basketball tournament. I would encourage district patrons to make the trip to the "Betty" in Grand Forks to support the girls as they represent our communities. Our girls first game is Thursday at 6:30 p.m.

This time of year gets interesting for educators and parents. Students are involved with multiple activities and are absent from school for many events. Although this can be challenging for everyone statistics reveal that students involved in extra-curricular activities also have higher academic achievement than their peers. In Edmore, our students are required to make up their assignments before they leave for a competition or event. Although this requires extra effort by the student before they are absent, he/she doesn't have to rush after the event to get their work completed before returning to school the next day.

Establishing routines resulting in consistency is appreciated by most individuals. We all like to know what to expect and understand the parameters regarding any organization. Students learn about routines and parameters early in life and this process continues in the school environment only to be stepped up in the post-secondary world. The Edmore Public School is an institution that helps students develop routines and understand why parameters are established and are upheld so when the student enters society he/she can appreciate the necessity of parameters for a society to function and thrive.

The Edmore school district has been fortunate to have patrons that have elected quality board members who are committed to improving public education in Edmore and to remain as board members for numerous years. This consistent board membership allows for routines to be established through policy. These routines allow for administration and teachers to carry out their mission of providing a quality education to each student that enters the Edmore school family.

2021 Legislative Session

As most patrons are aware each January of every odd numbered year the North Dakota Legislature assembles in Bismarck to discuss and pass potential legislation impacting the patrons of the State. When our district legislators are not in session they continue to meet periodically during the interim to develop and make recommendations for potential legislation for the upcoming session. Education is just one of the interim committees and one of their tasks involves examining the State funding formula that will affect the per pupil aide allotted to each school district. The present direction the interim committee is traveling will have a potential negative impact to over half the school districts in North Dakota. At the present time Edmore is included in this group of districts. The Edmore school board is aware of this financial impact and continues to process options of reorganization and dissolution. They are presently working with one of our area legislators to seek an Attorney General's opinion regarding the use of general fund dollars when a district decides to enter in a reorganization or dissolution. In addition to the AG's opinion legislation may be introduced during the 2021 session that will positively impact small rural districts when they choose to enter into reorganization or dissolution.

The board is focused on continuing to provide a quality education to our children, but want to look to the future and best position of the Edmore school district for the long-term. They also want to keep patrons up to date regarding issues they are processing and urge district patrons to contact their area legislator to urge them to provide resources to keep small districts open. The Edmore school personnel continue to provide a quality education to our youth with many seniors graduating with 18 college credits by the time they graduate from high school. Our students are "Choice Ready." This means they are ready for college, the workforce, or military when they graduate from high school. This would not occur if not for a committed school board, administration, teaching staff, and parent and patron support for education.

On behalf of the Edmore school board, staff, and students, we would like to thank the Edmore patrons for their continued support.

Professionally,

Frank Schill, Superintendent



Top O'The Month to You-

Well, I guess you would say March came in like a lamb....really hoping the old adage doesn't hold true at the end of the month. Until the majority of the snow has melted and we see a permanent warmup trend, the snow gear of boots, pants, gloves and hats still remain in effect for students on the bus and those who attend recess.

We have some FANTASTIC NEWS!! Our girls' basketball team has once again achieved their goal of making it to the State Class B Tournament in Grand Forks, ND, March 5-7th. Our first game is Thursday evening at 6:30 p.m. Best of Luck to Callie, Morgan, Tayler, and Jalynn!! The Pep Rally will be at 9:30 a.m. Wednesday morning in the Langdon gym and all are welcome to attend.

In other sporting news, our Boys Basketball team is playing for district championship tonight, March 2nd, in Dunseith. Regionals for the boys are March 9-12 in Devils Lake. Spring sports begin today. We have 8 students going out for track. We also have 2 students going out for Trap Shooting.

Wednesday the JV and Varsity Academic Teams go to Grafton to compete. We also have another competition in Langdon on Friday, March 13th. Monday, March 9th, our Math Counts team will be competing in Bismarck. Ms. Ganyo and her team of Rayce Worley, Jalynn Swanson, Payton Harpestad, and Levi Swanson will be competing. Do your Best—We are VERY PROUD of your accomplishment.

I am very excited and proud to announce that Callie Ronningen received Class B Honorable Mention of the 2020 Academic All-State Team. What a great student athlete Callie has been—CONGRATS!! She also racked up quite a few athletic awards—including Region 4 Senior Athlete of the Year! You are a definite role model to all of our students and athletes.

Important dates to remember for this month: Wednesday, March 4th, we have our early out. No school on March 6th. March 13th marks the end of our 3rd quarter. There is no school on March 27th. If I counted things correctly, we have only 55 days of school left for the year.

Student-led conferences will be on March 26th from 1:30p-9:00p. This is a very important time for the teachers to showcase the students and how hard they have worked. It is also a time for us to show you areas that your students could put extra efforts in throughout the remainder of the year and summer. I would like to remind everyone that you can reach out to the teachers through email or a phone call at any time to find out how your child is doing. I also want to remind all parents that PowerSchool reflects your child's grades on a weekly basis and I encourage you to check this weekly and assess how your child is doing. The teachers are posting at least 2 grades per week and you are able to see if your child has completed the work or has missing any assignments, etc. that could affect their grades and eligibility to participate in extracurricular events.

Yours in Education,

Mrs. Martinson, Principal

NOTICE OF **SCHOOL ELECTION**

Notice is hereby given that on the 9th day of June, 2020, the annual election for the Edmore School District #2 will be held for the purpose of electing 2 members to the school board. The positions up for election are currently held by Sandra Knoke and Doug Freije. The election will be held at the Edmore Public School. Polls will open at 11 a.m. and will close at 7:00 p.m. of that day.

Applications are available at the Edmore School.

The deadline for filing for the office of board member is
Monday, April 6, 2020, by 4:00 p.m.

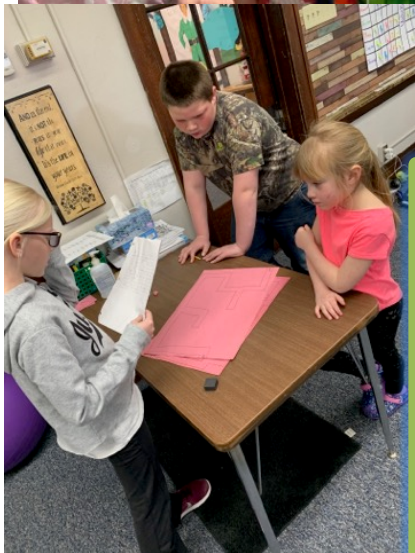
By order of the Edmore School Board
Diane Martinson
Business Manager

Pre-K/Kindergarten

In Pre- K and kindergarten the students are doing a great job learning the alphabet, we are almost done! Students have learned four new letters this month Z, W, G, and V. Students went “grocery shopping” for the letter G, and made a watermelon for the letter W. Students learning friendship and kindness in reading. They also started a non-fiction unit. The first book was about snakes. All week they got to eat snakes for snack! In math, students have been working teen numbers and started complex measurement. In science and social studies students finished working on weather completing many experiments and are working on communities and families.



2nd and 3rd Grade March Newsletter



Lots of fun things happening in 2nd and 3rd grade lately! The students have been working SO hard on creating their science magnetic experiments! We were learning all about magnets, how they work, and why certain objects attract to magnets. The students were instructed to create a magnetic experiment to present to classmates, as well as the Pre-K students! They did a wonderful job preparing speeches, instructing classmates how their experiments work, and creating questions for their classmates to answer based off of what they learned!

In math, both grades have been reviewing multiplication every single day! It's great to see how much reviewing their multiplication facts is paying off. They are doing a wonderful job! The second grade has been working with money, mental math adding and subtracting to tens and hundreds, two-step word problems, and place value. The third grade has been working with equivalent fractions, multiplication word problems, subtraction numbers in the ten-thousand places, and finding missing variables. Both grades will soon begin their math projects!

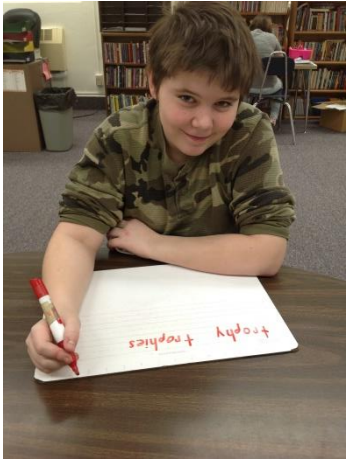
In ELA, students have been working on identifying theme in stories. This has led us to watching videos, reading passages, or using our weekly stories to help us identify what the main message in the story is. We have also been working a lot with subject-verb agreement, identifying parts of speech, and revising sentences! They have also been working on prefixes and suffixes. We will be continuing this, as well as focus on identifying digraphs in words.

In Social Studies, the students have been working on characteristics of communities around the world. They will now be creating a postcard of our very own community; Edmore, North Dakota! They have been researching Edmore, then will create a postcard with a partner.



News from the 5th Graders

PHONICS



Part of our ELA block consists of learning phonics rules and the many exceptions to the rules. This month, the students have been learning a variety of patterns that relate to adding suffixes such as ing, ed, er, est, and ed. In these pictures, the boys are changing the final y to an i and adding a suffix. Learning these phonics skills have helped the students to sounds out multisyllabic words by applying the rules they have learned about letter sounds, syllabication, and common rule breakers.

NORTH DAKOTA HISTORY

This year in social studies, the students have been studying the history of North Dakota. We began with the Native American tribes who hunted the buffalo herds that covered the state. Then we spent time learning about the fur traders' establishment of trade with those Native Americans and the relationships Lewis and Clark began with the tribes. Now we are beginning to explore the changes that came from the whites beginning to settle the Dakota Territory. The students are analyzing the causes and effects of conflicts on the frontier between the Native Americans, white settlers, and frontier military. They are doing an excellent job at looking at the events from the perspectives of each side.



VIKING FAMILY NEWS!

Activities our Viking Family has done this past month: Raised money for Pennies for Patients. Participated in Snow Days activities. We won the igloo contest!

FACS CLASSROOM NEWS MARCH 2020

(701) 644-2281

katie.henry@k12.nd.us

FOOD & NUTRITION

Topics discussed this past month:

- Nutrition Across the Lifespan
- Meal and Menu Preparation
- Table and Mealtime Etiquette
- FAD Diets and effects

FACS I

Topics Learned this month:

- Child Development
- Sewing Basics
- Sewing Practice
- Sewing Project Preparation

MIDDLE SCHOOL FACS CLASSES

Topics Learned this past month:

- Team Building
- Child Development
- Child Care

IND. LIVING Employability skills

HARD AT WORK

FACS I class will begin sewing! They will be sewing pajama pants and possibly knitting scarves.

FCCLA!

STATE LEADERSHIP CONFERENCE:

APRIL 19-21, 2020

SIGN UP SHEETS COMING OUT SOON!

Counseling NEWS

March 2020 • katie.henry@k12.nd.us • (701) 644-2281

Juniors:

ACT is
March 3!!

*Reminder:
ACT Student
Test Study Site:

<https://www.act.org/content/act/en/products-and-services/the-act/test-preparation.html>

*Get Good Rest
the Night
Before

*Eat a Good
Breakfast

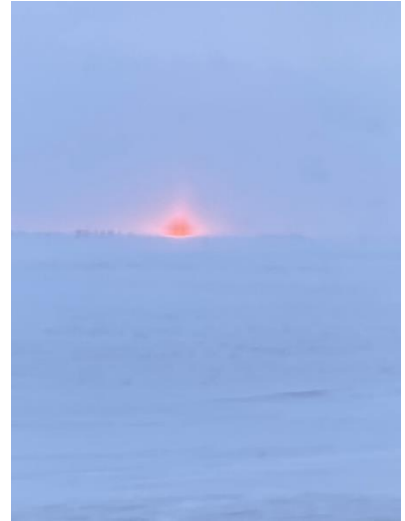
*Test begins
promptly at
8:05 am

Inspirational Quote:

What's Happened This Past Month

Classroom
guidance in
the
elementary:
kindness,
internet
safety

High School
included: ACT
& WorkKeys
Preparation
and Testing



Upcoming Activities to Look Into:

*Juniors:

*Boys State applications are now open!! Boys state is from June 7-12, 2020 at NDSCS in Whapeton. Visit <https://ndboysstate.org/> for the application or for more information.

*Girls State is fast approaching on June 2-12 2020 at UND in Grand Forks! To find out more, visit: <http://ndgirlsstate.org/>

Contact Mrs. Henry at any time for any needs!

"Keep your face to the sunshine and you cannot see a shadow." ~Helen Keller



Glimpse

Life Science

The class learned about ecosystem dynamics. The students studied biodiversity and its effect in the ecosystem. They also went over cause and effect relationships between populations in ecosystem. They worked on possible solutions for addressing biodiversity problems by identifying the criteria and constraints.

Earth Science

The 8th graders studied Earth's natural resources. This includes the classification of natural resources, how human obtain them, and the possible impact of mismanaged natural resource use.

Physical Science

The freshman studied about the scientific definition of work, power and energy. This also includes simple machines and their mechanical efficiencies. They also studied different forms, sources and uses of energy. They are now working on their roller coaster project to show how conservation of mechanical energy takes place.

Biology

The unit for this month is about DNA and heredity. They studied the mechanism of passing on traits using Mendelian Law. DNA replication and protein production are also part of this lesson where they build model of DNA, read DNA and RNA sequences.

Chemistry

The unit for chemistry is all about acids, bases and salts. They described acids and bases

according to different scientist and integrate different chemistry concepts to support this claims. They tested the effect of acids to egg shells, tested different household products for pH levels, and they will be learning on how balance acids with bases and vice versa.

Next Month

Life Science

History of Life on Earth

6th
7th

Earth Science

Human Impact on Earth's Systems

8th

Physical Science

Electricity and Magnetism

9th

Biology

Biotechnology

10th

Chemistry

Fluids

11th

A History of Philippine-American Relations

An enduring resilience characterizes Philippine-American relationship for several reasons. For one, there is an unusual colonial relationship wherein the United States took control of the Philippines from the Spanish and then shared power with an emergent Filipino elite, introduced suffrage, implemented public education, and promised eventual national independence. A shared experience fighting the Japanese in World War II and defeating a postwar communist rebellion further cemented the "special relationship" between the two countries. The United States took advantage of this partnership to compel the Philippines to sign an economic and military treaty that favored American businesses and the military, respectively. Filipino leaders not only accepted the realities of this strategic game and exploited every opening to assert national interests but also benefitted from American largesse. Under the dictatorship of President Ferdinand Marcos, this mutual cadging was at its most brazen. As a result, the military alliance suffered when the Philippines terminated the agreement, and the United States considerably reduced its support to the country. But the estrangement did not last long, and both countries rekindled the "special relationship" in response to the U.S. "Global War on Terror" and, of late, Chinese military aggression in the West Philippine Sea.

Reference:

Abinales, Patricio N. (2017). Oxford Research Encyclopedia: *A history of Philippine-American Relations*. DOI: 10.1093/acrefore/9780199329175.013.404



The juniors are working on their project on how albinism affects the growth of corn from seeds.

"Most people say that it is the intellect which makes a great scientist. They are wrong: it is character."

-Albert Einstein

Social Studies



By: Mrs. Raechel Newgard | Social Studies | Close Up Advisor

In the last issue of the newsletter I mentioned the project the 6th and 7th graders were working on in my classroom. The project is part of a school-wide initiative we started last year. The project focuses on the 4Cs – critical thinking, creativity, communication, and collaboration. The 6th and 7th grade project was an Ancient Greek Shark Tank. Our students built and marketed an



invention from Ancient Greek times. Then they presented and “sold” their product to a group of ‘sharks’ that consisted of a diverse group of community members. This was a fantastic way to really hold students accountable for their learning because they were not just showing their product to me, the teacher, who has been around for each and every step, they were tasked with describing the purpose of their project to a group of people who did not have an idea of the total requirements. It was a lot of fun to watch the students in action.

As a teacher, one thing I often do is reflect on projects and lessons. One of the things we are going to try the next time we do a Shark Tank like this is to make it a cross-curricular project and get the math department involved in the marketing part of it. Since it was in a history class we really focused on the uses an impact of the project, but once they stood in front of the ‘sharks’ the marketing plan became really significant.



A big THANK YOU goes out to our ‘sharks’ – Hayden Zander, Diane Martinson, Brenna Swanson, and Justin Grohs! Another THANK YOU goes out to Aaron Johnson, Jessica Feist, and Adam Feist who came in and watched the second presentation of one of the projects. We are so lucky to live in a community where people are willing to support the school and the students.

[PICTURES: I snapped some pictures of the students showing their progress to the administration – Dr. Schill and Mrs. Martinson. I also attached pictures of their final projects – one is a stadium and the other is called the deus ex machina (a type of lever used to lift heavy materials).]

Close Up: Trip to D.C.

Stay tuned! The next few months will feature small snippets from each student's experience on their trip to Washington D.C.

MRS. NEWGARD: One of my favorite things about every trip is getting to know the students outside the classroom. Getting on the road by 5:30AM can bring out a different side of students. This group provided me with a lot of laughs and a lot of insight into the minds of teenagers. Each person in this group brought a unique



perspective. I was so proud of the way everyone conducted themselves on and off program. The students participated with their peers from around the nation.

As a teacher, we have a different program than the students do plus we tend to have a little more free time in the evenings. Each night I met with the students and we got to learn from one another's experiences. This year I wanted to make sure I took full advantage of everything Washington had to offer, so I went on a night tour of the monuments. It was one of my favorite experiences. The 5 mile walk was worth every step. There is something majestic



about the monument lit up at night. Walking by the monuments (at any time of day) always makes me think deeply about who or what they are dedicated to. As a social studies teacher I find it so important to take note of the people and events the government has chosen to spend time, money, and space on.



HEATHER OKESON:

Going on our Close-Up trip to Washington D.C. is now one of my most favorite experiences. A few of my favorite parts from the trip included going to the Smithsonian Natural History Museum, going on a tour of the Capitol Building, visiting the Saudi Arabian embassy, and going to the World War II Memorial. I think from this trip I learned that the world is a much bigger place than it seems; before going on this trip I had that general idea, but after visiting Washington D.C. you really get to experience the interconnectedness of the world.



Music Notes

February Music class for both elementary and high school involved learning more about Black American Musicians, tying into Black American History Month. The younger group is just completing their unit on Charlie Parker, a famous American composer, known for his amazing saxophone skills. This included a packet to fill out as we watched the curriculum PowerPoint on Charlie Parker. The students enjoyed coloring the cover page, but also drew a picture to represent what one of his songs made them *feel* or *think of*, as it was played.

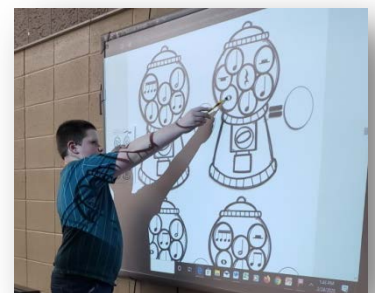


The High School Choir will present their research in the form of a PowerPoint presentation over the next few days. They were to collect informational facts and a music clip that was composed or performed by a musician of color. A follow-up *Kahoot* will be created, using three questions from each presentation, to assess their learning.



Boomwhackers remain a favorite for the high schoolers; however, ukulele lessons have taken over much of our class time, as we learn the basics. Our next step is to learn an easy accompaniment to the song *Somewhere, Over the Rainbow*. It is our goal to use this piece in our Spring Concert. (The date is still to be determined.)

Knowledge of notes and their count value is being practiced by completing *Gumball Math* and *Music Baseball*. Both of these activities require the student to count the beats for sets of varying notes and rests: skills required for singing or playing any given song.



Mr. Weber's Room



8th Grade Gym:

The 8th Graders just completed creating their own gym activities! They did a great job creating fun and challenging games as we all had a chance to take part in their games. The class is now onto an ultimate football unit!



6th and 7th Grade Math:

We have finished our chapter on integers and are moving on to solving equations! So far, so good and look forward to getting more in-depth on different properties of equality!

Elementary Gym:

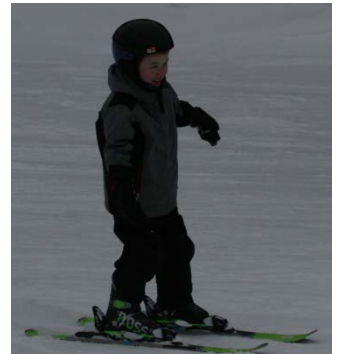
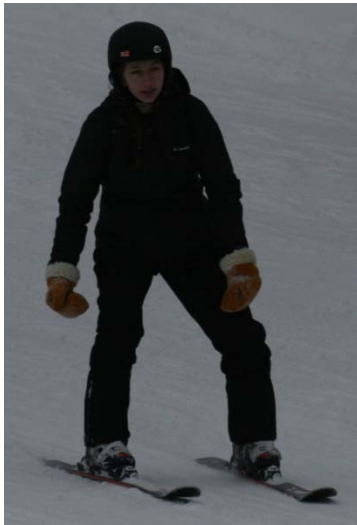
We have been working on our rules and routines in gym class! We spend time every day working on R.E.S.P.E.C.T (ask your student, they should know it!) We are working on our running and jogging skills!

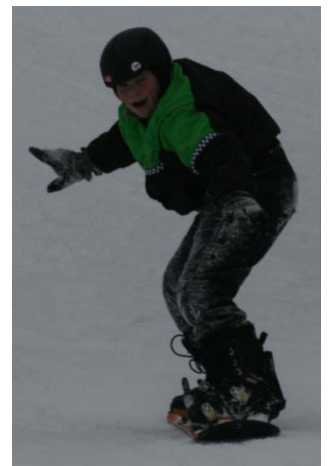
6th and 7th Grade Computers:

We have been doing some fun stem projects! We recently created an amusement park ride that doubled as an egg drop and tested them! It went really well, and now we are on to creating floating houses!



Frost Fire 2020







North Valley
Career and Technology Center

Michael Hanson, Director
michael.hanson@k12.nd.us

1540 School Road
Grafton, ND 58237-1715

Phone: (701) 352-3705
Fax: (701) 352-3170
Website: www.northvalley.k12.nd.us

Press Release

Re: 2020 MathCounts Competition

Fifty-six middle school students from area schools of Cavalier, Edmore, Grafton, Minto, North Border Pembina, Park River Area and Valley-Edinburg competed in the Walsh-Pembina Counties MathCounts competition held Tuesday, February 5, 2020 at the Walsh County Courthouse.

MathCounts is a national program designed to improve math skills among U.S. students. The program focuses on middle school students, who are at a crucial stage in developing and sustaining math interest and ability.

The top three Mathletes with the highest scores from Walsh County Area were: 1st Place, Jack Kern, son of Joe and Janice Kern of Grafton; 2nd place, Kenny Holand, son of Dale and Jennifer Holand of Park River Area; and 3rd Place, Rhett Lindell, son of Justin and Lana Lindell of Park River Area. Jack Kern was overall individual winner among all mathletes of Walsh and Pembina Counties.

The top two teams with the highest scores from Walsh County Area were: 1st Place, Edmore Team, consisting of Payton Harpestad, Jalynn Swanson, Rayce Worley and Levi Swanson, coached by Ms. Jackie Ganyo; and 2nd Place, Park River Area Team, consisting of Abby Beneda, Connor Hodek, Elise Carter and Justin Jurgens, coached by Mr. Jonathan Berg.

Following competition, the students were treated to a pizza party through a generous donation from Kadrmas, Lee & Jackson.



2020 Mathletes



1st Place Walsh County Team: Edmore
Levi Swanson, Jalynn Swanson, Payton Harpestad and Rayce Worley

An equal opportunity educator and employer.



The Ramsey County Spelling Bee was held in Devils Lake on Tuesday, February 4. Three students from Edmore participated.



Tristen Fincher - 4th grade

Levi Swanson - 6th grade

Hailey Feist - 5th grade - 6th Place

2019-2020 LAEM Girls Basketball



DISTRICT 8 TOURNAMENT – 1st Place **REGION 4 TOURNAMENT – 1st Place**

All-District Team – Callie Ronningen & Morgan Freije

District 8 Senior Athlete of the Year – Callie Ronningen

All-District Academic – Callie Ronningen, Morgan Freije, Tayler

Lorenz & Jalynn Swason

All-Region Team – Callie Ronningen

Region 4 Senior Athlete of the Year – Callie Ronningen



Valentine Tea Party 2020





Title 1 News



There are a number of steps that parents can take to help prepare their young children to become readers and to support the reading habit once they are in school. These include:

- Feed your child a diet of rich language experiences throughout the day. Tell stories, sing songs, recite nursery rhymes or poems. Encourage your child's efforts to talk with you.
- Read aloud to your children for 30 minutes daily beginning when they are infants.
- Have your child's eyesight and hearing tested early and annually. If you suspect your child may have a disability, seek help.
- Seek out child care providers who spend time talking with and reading to your child.
- Ask your child's teacher for an assessment of your child's reading level, and ways in which you can bolster your child's literacy skills at home.
- Limit the amount and kind of television your children watch. Seek out educational television or videos that you can watch and discuss with your children.
- Set up a special place for reading and writing in your home. A well-lit reading corner filled with lots of good books can become a child's favorite place. Keep writing materials such as non-toxic crayons, washable markers, paints and brushes, and different kinds of paper in a place where children can reach them.

- Visit the public library often to spark your child's interest in books. Help your children obtain their own library cards and pick out their own books. Talk to a librarian, teacher, school reading specialist, or bookstore owner for guidance about what books are appropriate for children at different ages and levels.
- You are your child's greatest role model. Demonstrate your own love of reading by spending quiet time in which your child observes you reading. Show your child how reading and writing help you get things done every day-cooking, shopping, driving, or taking the bus.
- Consider giving books or magazines to children as presents or as a recognition of special achievements. Special occasions, such as birthdays or holidays, can be the perfect opportunity to give a child a new book.

Taken from an article by Joy Walker.



2020 NDHSAA Class B Girls Basketball State Tournament

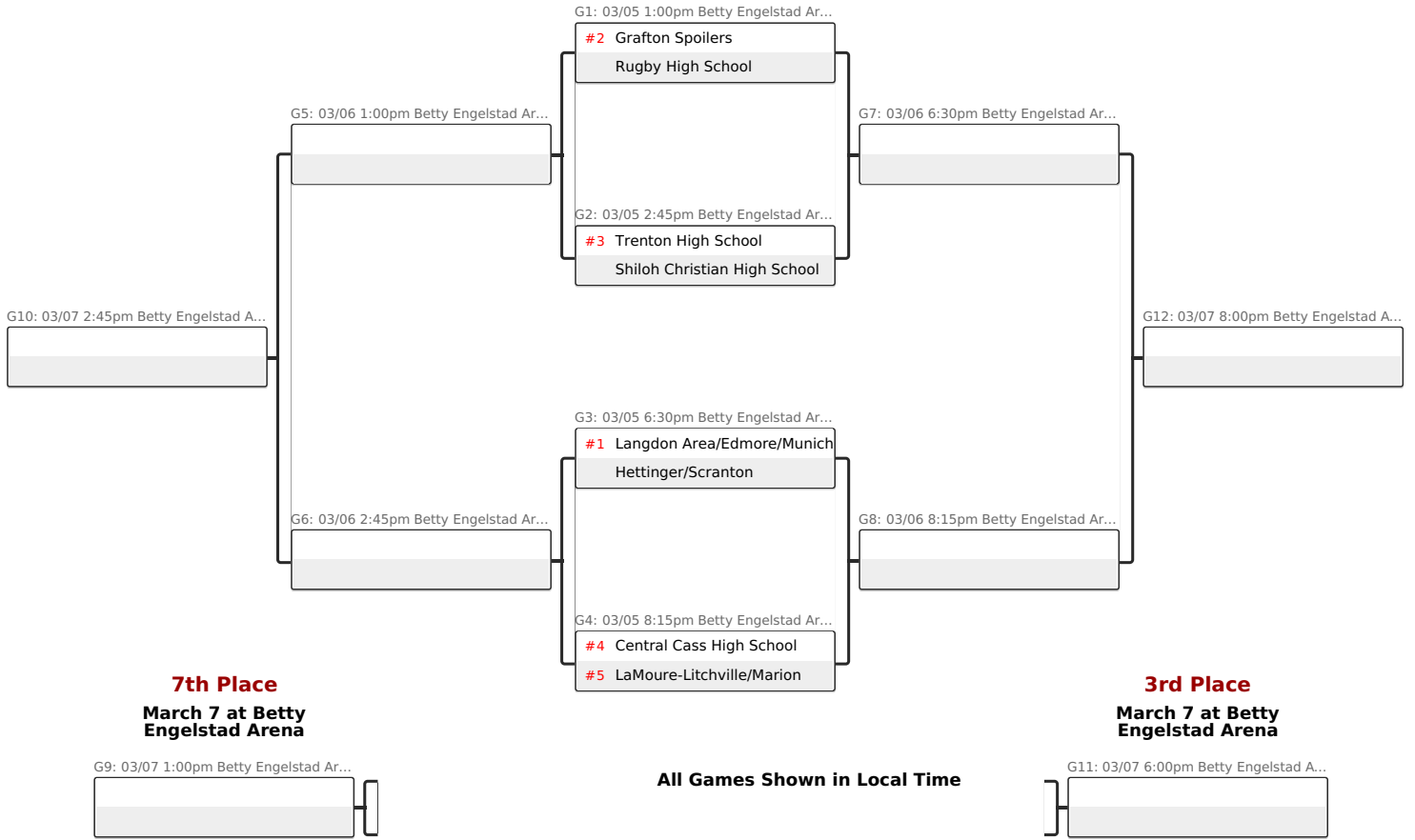
5th Place
March 7 at Betty Engelstad Arena

Consolation Semifinals
March 6 at Betty Engelstad Arena

Quarterfinals
March 5 at Betty Engelstad Arena

Semifinals
March 6 at Betty Engelstad Arena

Final
March 7 at Betty Engelstad Arena



March 2020

Activities

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 BBB Districts @ Dunseith vs St. John 7:30 Track Starts	3 ACT	4 Early Out 1:30 Pep Rally @ LHS 9:30 HS Academic Challenge @ Grafton	5 GBB State @ Betty Engelstad Arena vs Hettinger/ Scranton 6:30	6 No School GBB State @ Betty Engelstad Arena GF	7 GBB State @ Betty Engelstad Arena GF
8	9 BBB Regionals @ Devils Lake State Math Counts	10 BBB Regionals @ Devils Lake	11	12 BBB Regionals @ Devils Lake	13 End of 3 rd Qtr. Academic Challenge @ Langdon	14
15	16 Spring Sport Parent Meeting @ LHS 6:00 5 th & 6 th VB Starts	17 Track (V) @ Belcourt	18	19 BBB State @ Bismarck	20 BBB State @ Bismarck	21 BBB State @ Bismarck
22	23	24 ACT make up test date Track (JH) @ Belcourt	25	26 Student Led Conferences 1:30-9:30 Scrubs Camp	27 No School	28 Track (V) @ UND
29	30	31 Track (V) @ Belcourt				

March 2020

Menu

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 oatmeal, toast, sauce & juice chicken nuggets, rotini, corn, dinner rolls, salad & sauce	3 yogurt, bagel, juice & fruit pulled pork, sweet potato fries, beans, salad & sauce	4 cereal, juice & fruit vegetable beef soup, assorted sandwiches, crackers, salad & fruit	5 French toast sticks, sauce & juice beef stroganoff, carrots, dinner rolls, salad & fruit	6 No School	7
8	9 yogurt, toast & juice <u>Jadyn's Meal:</u> pancakes, egg & sausage patty, bananas, strawberries, salad & sauce	10 caramel rolls, juice & sauce baked potato, chili, broccoli cheese, ham, cheese, salad & fruit	11 HB eggs, toast, juice & sauce chicken & rice soup, assorted sandwiches, salad, crackers & sauce	12 cereal, juice & sauce taco in a bag, corn, dinner rolls, salad, Spanish rice & fruit	13 egg patty, toast, juice & fruit fish burgers, potato wedges, salad & sauce	14
15	16 pancakes, juice & fruit tater tot hotdish, corn, dinner rolls, salad & sauce	17 biscuits, eggs, sausage, juice & fruit hot dogs, chips, salad & fruit	18 oatmeal, toast, juice & sauce chili, caramel rolls, crackers, salad & sauce	19 yogurt, toast, juice & fruit <u>Callie's Meal:</u> orange chicken, roasted broccoli, fried rice, salad, dinner rolls, fruit & fruit pizza	20 cereal, fruit & juice tomato soup, grilled cheese, crackers, salad & sauce	21
22	23 oatmeal, fruit, juice & toast chicken breast, roasted potatoes, carrots, dinner rolls, salad & sauce	24 cereal, fruit & juice BBQ's, chips, beans, salad & fruit	25 caramel rolls, fruit & juice hamburger gravy, mashed potatoes, peas, dinner rolls, salad & sauce	26 omelets, toast, fruit & juice spaghetti with meat sauce, green beans, garlic toast, salad & fruit	27 No School	28
29	30 cereal, sauce & juice chicken hot dish, peas, salad, dinner rolls & fruit	31 yogurt, toast, fruit & juice hamburgers, French fries, beans, salad & sauce				