

Thursday, September 19, 2019

Breakfast & Lunch

Today:

- turkey vegetable soup, assorted sandwiches, crackers, salad & fruit

Friday:

- **Breakfast**-yogurt, toast, fruit & juice
- **Lunch**-tater tot hotdish, green beans, dinner rolls, salad & sauce

THIS WEEKS ACTIVITIES

Thursday:

Games:

- VB (7,8,C,JV,V) @ Langdon vs North Border 4:00
- GBB (5&6) @ Munich vs North Star 4:30

Practices:

- FB (JH,JV,V) @ LHS
- FB (5&6) @ LHS

Friday:

Games:

- FB (V) @ Langdon vs Harvey/WC 7:00

Practices:

- VB (JH) @ LAC
- VB (V) @ LHS

Saturday:

Games:

- FB (5&6) @ Park River Jamboree
- VB (7,8) @ Langdon Tournament
- VB (V) @ Valley City Tournament

17th Annual Health Career Day

NDSCS - Wahpeton

October 3, 2019

9:00am-12:00pm

Must preregister

See poster or Mrs. Henry for more information.

Have a great day!!