

# Friday, September 13, 2019

There will be an FCCLA meeting today at noon in the library for everyone interested in being an FCCLA member.

Homecoming T-Shirt order forms are due September 18<sup>th</sup>.

## **Breakfast & Lunch**

### **Today:**

- chicken nuggets, rotini, bread, salad & sauce

### **Monday:**

- **Breakfast**-oatmeal, toast, fruit & juice
- **Lunch**-taco salad, shredded lettuce & cheese, corn, salad & sauce

## **THIS WEEKS ACTIVITIES**

### **Friday:**

#### **Games:**

- **FB (V) @ Rugby 7:00**

#### **Practices:**

- VB (JH) @ LAC
- VB (V) @ LHS
- GBB (5&6) @ LES

### **Saturday:**

#### **Games:**

- **FB (5&6) @ Cavalier Jamboree**
- **GBB (5&6) @ Cando Jamboree**
- **VB (C) @ Edmore Tournament**

## **NEXT WEEKS ACTIVITIES**

### **Monday:**

#### **Games:**

- **FB (JH,JV) @ Langdon vs Bottineau 5:00**
- **GBB (5&6) @ Cavalier 5:00**

#### **Practices:**

- FB (5&6) @ LHS
- VB (JH) @ LAC
- VB (V) @ LHS

### **Tuesday:**

- **Writers' Conference @ LRSC – Juniors**

#### **Practices:**

- FB (JH,V) @ LHS
- FB (5&6) @ LHS
- VB (JH) @ LAC
- VB (V) @ LHS
- GBB (5&6) @ LES

### **Wednesday:**

- **College & Career Fair @ LRSC – Sophomores & Juniors**

#### **Practices:**

- FB (JH,JV,V) @ LHS
- VB (JH) @ LAC
- VB (V) @ LHS

### **Thursday:**

#### **Games:**

- **VB (7,8,C,JV,V) @ Langdon vs North Border 4:00**
- **GBB (5&6) @ Munich vs North Star 4:30**

#### **Practices:**

- **FB (JH,JV,V) @ LHS**
- **FB (5&6) @ LHS**

### **Friday:**

#### **Games:**

- **FB (V) @ Langdon vs Harvey/WC 7:00**

#### **Practices:**

- **VB (JH) @ LAC**
- **VB (V) @ LHS**
- **GBB (5&6) @ LES**

### **Saturday:**

#### **Games:**

- **FB (5&6) @ Park River Jamboree**
- **VB (7,8) @ Langdon Tournament**
- **VB (V) @ Valley City Tournament**

17th Annual Health Career Day

NDSCS - Wahpeton

October 3, 2019

9:00am-12:00pm

Must preregister

See poster or Mrs. Henry for more information.

Have a great day!!