

# Monday, November 4, 2019

**Food Drive** – The RED OR GREEN? Viking Family is collecting donations for the Hope Center Food Bank November 1<sup>st</sup> to 19<sup>th</sup>.

## **Breakfast & Lunch**

### **Today:**

- spaghetti with meat sauce, green beans, garlic toast, salad & sauce

### **Tuesday:**

- **Breakfast**-oatmeal, toast, sauce & juice
- **Lunch**-corn dogs, pretzels, salad, beans & fruit

## THIS WEEKS ACTIVITIES

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### **MONDAY:**

#### **Games:**

- VB (7,8,C,JV,V) @ Langdon vs North Star 4:00
- BBB (5&6) @ Langdon AC vs Park River 4:30

#### **Practices:**

- FB (V) @ LHS

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### **TUESDAY:**

- JH Academic Challenge @ Northwood 4:30

#### **Practices:**

- FB (V) @ LHS
- VB (V) @ LHS

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### **WEDNESDAY:**

- Early Out 1:10
- JH Academic Challenge @ Grafton 10:00
- Student Led Conferences 1:30-9:30

#### **Practices:**

- FB (V) @ LHS
- VB (V) @ LHS

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### **THURSDAY:**

#### **Games:**

- BBB (5&6) @ Munich vs Turtle Mountain 4:30

#### **Practices:**

- FB (V) @ LHS
- VB (V) @ LHS

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### **FRIDAY:**

#### **Games:**

- BBB (5&6) @ Walhalla 4:30

#### **Practices:**

- FB (V) @ LHS
  - VB (V) @ LAC
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**Saturday:**

**Games:**

- FB (V) @ Langdon vs Lisbon 2:00



**Have a great day!!**