

# Thursday, October 24, 2019

**RED RIBBON WEEK**, which is celebrated annually October 23-31, is the nation's oldest and largest drug prevention awareness program. This Years Red Ribbon Week Theme: "Send a Message. Stay Drug Free."

A child who reaches age 21 without smoking, using alcohol and other illegal drugs or abusing prescription drugs is virtually certain never to do so.

## Breakfast & Lunch

### Today:

- chicken tortilla soup, assorted sandwiches, tortilla chips, salad & sauce

### Friday:

- **Breakfast**-pancakes, sauce & juice
- **Lunch**-wraps, macaroni salad, beans, pretzels, fruit & salad

## THIS WEEKS ACTIVITIES

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### THURSDAY:

- Wear a hat for \$1 - money to be donated to a drug awareness/prevention program

### Games:

- VB (C,JV,V) @ Harvey/WC 5:00
- BBB (6<sup>th</sup>) @ Cavalier 5:00

### Practices:

- FB (V) @ LHS
- VB (JH) @ LHS

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### FRIDAY:

- "Be a Smartie, don't do drugs"
- Nelsen's Pumpkin Patch (K-5)
- End of 1<sup>st</sup> Quarter

### Games:

- VB (C,JV,V) @ Langdon vs St John 5:00
- BBB (6<sup>th</sup>) @ Grafton 4:30

### Practices:

- FB (V) @ LHS
- VB (JH) @ LAC

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### SATURDAY:

### Games:

- FB (V) @ Langdon vs Northern Cass 1:00
  - BBB (6<sup>th</sup>) @ Park River Jamboree
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## NEXT WEEKS ACTIVITIES

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### MONDAY:

- Reggie Jackson – pick up orders
- Individual Drug free pledges of students at lunch

**Practices:**

- VB (V) @ LHS
- VB (JH) @ LAC
- FB (V) @ LHS
- BBB (6<sup>th</sup>) @ LES

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**TUESDAY:**

- “It’s Not About Drugs” Speaker @ Edmore 6-12 grade

**Games:**

- VB (JH,C,JV,V) @ Rolette 4:00
- BBB (6) @ Langdon vs Cavalier 5:00

**Practices:**

- FB (V) @ LHS

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**WEDNESDAY:**

- All wear red for the day!! And “Pledge to Keep My Hands off Drugs”

**Practices:**

- FB (V) @ LHS
- VB (V) @ LHS
- VB (JH) @ LAC

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**THURSDAY:**

- Happy Halloween
- Can wear a costume for \$1 to be donated to a drug awareness/prevention program – follow costume rules. Costumes must fit within the following categories: cartoon character, book character, your parent, your potential career choice. MUST follow these rules: costumes must be appropriate, no masks, must still be able to complete daily classroom tasks

**Games:**

- VB (JV,V) @ Langdon vs Lakota 6:00

**Practices:**

- FB (V) @ LHS
- BBB (6) @ LES

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**FRIDAY:**

- Judicial Branch with Judge Barbara Whelan

**Games:**

- VB (7,8,C,JV,V) @ Langdon vs Grafton 3:30

**Practices:**

- FB (V) @ LHS
- BBB (6) @ LES

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**SATURDAY:**

**Games:**

- VB (7,8) @ Park River Tournament
- BBB (6<sup>th</sup>) @ Cando Jamboree

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**Have a great day!!**