

Wednesday, October 9, 2019

Yearbooks for sale in the office - \$20

Breakfast & Lunch

Today:

- meatballs, mashed potatoes, gravy, peas salad & sauce

Thursday:

- **Breakfast**-cereal, sauce & juice
- **Lunch**-tomato soup, grilled cheese, crackers, salad & fruit

THIS WEEKS ACTIVITIES

WEDNESDAY:

- Wacky Wednesday
- College Application Day

Practices:

- FB (V) @ LHS
- VB (V) @ LHS
- VB (JH) @ LAC

THURSDAY:

- Rags vs Riches

Games:

- VB (7,8,C,JV,V) @ Langdon vs St John 3:30

Practices:

- FB (V) @ LHS
- FB (JH) @ LHS
- BBB (5&6) @ LES

FRIDAY:

- Cardinal Spirit Day

Games:

- FB (V) @ Langdon vs Carrington 7:00 HOMECOMING

Practices:

- VB (V) @ LHS
- VB (JH) @ LAC

SATURDAY:

Games:

- VB (V) @ Langdon Tournament
-

Have a great day!!