

Tuesday, January 28, 2020

Breakfast & Lunch

Today:

- taco salad, shredded lettuce & cheese, salad & fruit

Wednesday:

- **Breakfast**-yogurt, toast, juice & fruit
- **Lunch**-teriyaki chicken, fried rice, corn, salad, dinner rolls & fruit

THIS WEEKS ACTIVITIES

TUESDAY:

Games:

- BBB (8,C,JV,V) @ Four Winds 3:30

WEDNESDAY:

- Blood Drive 1:30-6:00

Practices:

- V GBB @ LAC
- JH BBB @ LES

THURSDAY:

Games:

- GBB (C) @ Edmore vs Devils Lake 4:30
- BBB (C) @ Edmore vs Devils Lake 5:45

Practices:

- V GBB @ LAC
- JH BBB @ Munich

FRIDAY:

Games:

- BBB (JH,JV,V) @ Langdon vs Cando 4:30

Practices:

- V GBB @ LAC

SATURDAY:

Games:

- GBB (JV,V) @ New Rockford/Sheyenne 11:00
 - BBB (JV,V) @ New Rockford/Sheyenne 12:30
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Have a great day!!