

Wednesday, January 15, 2020

The Sharks – Viking Family meeting today in the library

Breakfast & Lunch

Today:

- scalloped potatoes, carrots, bread, salad & fruit

Thursday:

- **Breakfast**-biscuits, sausage, eggs, juice & fruit
- **Lunch**-pulled pork, sweet potato fries, beans, salad & sauce

Friday:

- **Breakfast**-cereal, fruit & juice
- **Lunch**-hot dogs, chips, beans, salad & fruit

THIS WEEKS ACTIVITIES

WEDNESDAY:

Practices:

- V GBB @ LAC
- JH BBB @ LES

THURSDAY:

Games:

- GBB (C) @ St. Thomas Tournament vs Park River 7:00
- BBB (7,8,JV,V) @ Langdon vs Dakota Prairie 4:00

Practices:

- Lego Robotics 3:30-5:00
- V GBB @ LAC

FRIDAY:

Games:

- GBB (7,8,JV,V) @ Cando 4:00

Practices:

- JH BBB @ LAC

SATURDAY:

- Lego Robotics @ Grand Forks

Games:

- GBB (JH) @ Edmore Tournament
 - GBB (C) @ St. Thomas Tournament
 - BBB (7,8,JV,V) @ Langdon vs Cavalier 12:00
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Have a great day!!