

Friday, August 23, 2019

17th Annual Health Career Day

NDSCS - Wahpeton

October 3, 2019

9:00am-12:00pm

Must preregister

See poster or Mrs. Henry for more information.

Breakfast & Lunch

Today:

- chicken nuggets, rotini, dinner rolls, salad & sauce

Monday:

- **Breakfast**-cheese omelets, toast, sauce & juice
- **Lunch**-tater tot hotdish, green beans, salad, dinner roll & fruit

THIS WEEKS ACTIVITIES

Friday:

Games:

- FB (V) @ Langdon vs Northern Cass 7:00

Practices:

- JH VB @ LHS
- V VB @ LHS
- GBB (5&6) @ LES

Saturday:

Games:

- VB (V) @ Thompson Scrimmage

NEXT WEEKS ACTIVITIES

Monday:

Games:

- **FB (JH,JV) @ Langdon vs Hatton-Northwood 4:30**

Practices:

- VB (JH) @ LAC
- VB (V) @ LHS
- GBB (5&6) @ LES
- FB (5&6) @ LHS

Tuesday:

Practices:

- FB (JH,JV,V) @ LHS
- VB (JH) @ LAC
- VB (V) @ LHS
- GBB (5&6) @ LES
- FB (5&6) @ LHS

Wednesday:

- Immunizations 11:00

Practices:

- FB (JH,JV,V) @ LHS
- VB (JH) @ LAC
- VB (V) @ LHS

Thursday:

Practices:

- FB (JH,JV,V) @ LHS
- VB (JH) @ LAC
- VB (V) @ LHS
- GBB (5&6) @ LES
- FB (5&6) @ LHS

Friday:

Games:

- **FB (V) @ Hatton-Northwood 7:00**

Practices:

- VB (JH) @ LAC
- VB (V) @ LHS

Have a great day!!