

Thursday, September 27, 2018

Good luck to the VB & XC teams today.

Breakfast & Lunch

Today:

- chili, caramel rolls, crackers, salad & fruit

Friday:

- **Breakfast**-oatmeal, toast, fruit & juice
- **Lunch**-taco in a bag, corn, shredded lettuce & cheese, salad, sauce & rice pudding

THIS WEEKS ACTIVITIES

Thursday:

Games:

- **VB (7,7red,8,JH,C) @ Langdon vs Devils Lake 4:00**
- **XC @ May-Port 4:00**

Practices:

- FB (JH,JV,V) @ LHS
- GBB (5&6) @ LES
- FB (4-6) @ LHS 5:00

Friday:

Games:

- **FB (V) @ Carrington 7:00**
- **VB (V) @ Des Lacs Tournament**

Practices:

- XC @ LHS
- GBB (5&6) @ LES

Saturday:

Games:

- **VB (V) @ Des Lacs Tournament**
- **FB (4-6) @ Walhalla Jamboree**

Sunday:

Games:

- **FB (5&6) @ Fargodome 1:00**

Health Career Day at NDSCS October 4 in Wahpeton. Open to all students and parents. Pre-register @ 1-800-342-4325 ext. 3-2981 or @ alliedhealthcareers@ndscs.edu. See flyer on bulletin board in entry or ask Mrs. Henry for more information.

Have a great day!!