

# Friday, September 21, 2018

Happy birthday to Mr. Fox on Saturday

## Boxscore:

5<sup>th</sup> GBB: won 26-24 vs North Star

VB: all won vs Dunseith

## Breakfast & Lunch

### Today:

- French dip, French fries, salad & sauce

### Monday:

- **Breakfast**-muffins, sauce & juice
- **Lunch**-pizza, green beans, salad & sauce

## THIS WEEKS ACTIVITIES

### Friday:

#### Games:

- **FB (V) @ Bottineau 7:00**

#### Practices:

- XC @ LHS
- VB (JH) @ LAC
- VB (V) @ LHS
- GBB (5&6) @ LES

### Saturday:

#### Games:

- **VB (7,7red,8,JH,C,JV) @ Langdon Tournament**
- **FB (4-6) @ Grafton Jamboree**
- **GBB (5&6) @ Park River Jamboree**

## NEXT WEEKS ACTIVITIES

### Monday:

#### Games:

- **FB (JH) @ Langdon vs Park River 5:00**
- **FB (JV) @ Langdon vs Grafton 6:30**
- **XC @ Langdon 4:00**

#### Practices:

- VB (JH) @ LAC
- VB (V) @ LHS
- GBB (5&6) @ LES
- FB (4-6) @ LHS 5:00

### Tuesday:

#### Games:

- **GBB (5&6) @ Langdon vs Cavalier 5:00**
- **VB (7red,8,C,JV) @ Langdon vs Four Winds 4:00**

#### Practices:

- XC @ LHS
- FB (JH&V) @ LHS
- FB (4-6) @ LHS 5:00

### Wednesday:

#### Practices:

- XC @ LHS
- FB (JH,JV,V) @ LHS
- VB (JH) @ LAC
- VB (V) @ LHS

### **Thursday:**

#### **Games:**

- **VB (7,7red,8,JH,C) @ Langdon vs Devils Lake 4:00**
- **XC @ May-Port 4:00**

#### **Practices:**

- FB (JH,JV,V) @ LHS
- GBB (5&6) @ LES
- FB (4-6) @ LHS 5:00

### **Friday:**

#### **Games:**

- **FB (V) @ Carrington 7:00**
- **VB (V) @ Des Lacs Tournament**

#### **Practices:**

- XC @ LHS
- VB (JH) @ LAC
- GBB (5&6) @ LES

### **Saturday:**

#### **Games:**

- **VB (V) @ Des Lacs Tournament**
- **FB (4-6) @ Walhalla Jamboree**

Health Career Day at NDSCS October 4 in Wahpeton. Open to all students and parents. Pre-register @ 1-800-342-4325 ext. 3-2981 or @ [alliedhealthcareers@ndscs.edu](mailto:alliedhealthcareers@ndscs.edu). See flyer on bulletin board in entry or ask Mrs. Henry for more information.

**Have a great day!!**