# Wednesday, May 1, 2019

## **Breakfast & Lunch**

#### Today:

vegetable beef soup, assorted sandwiches, crackers, salad & sauce

## Thursday:

- Breakfast-oatmeal, sauce, juice & toast
- Lunch-hamburger hotdish, green beans, dinner rolls, salad & fruit

# THIS WEEKS ACTIVITIES

# Wednesday:

- Mental Health Fair @ Langdon (6-12 grade)
- Early Out 2:00

#### **Practices:**

- Track @ LHS
- Baseball @ LHS

# Thursday:

#### Games:

- Track @ Cavalier 3:00
- Baseball (JV,V) @ Langdon vs Midway/Minto 4:30

## **Practices:**

• 5<sup>th</sup> VB @ LAC

## Friday:

### **Games:**

• Baseball (JV) @ Park River 4:30

#### **Practices:**

Track @ LHS

# **Saturday:**

• State Music @ Bismarck

Have a great day!