

Friday, April 5, 2019

Breakfast & Lunch

Today:

- tomato soup, grilled cheese, crackers, salad & fruit

Monday:

- **Breakfast**-bagel, fruit & juice
- **Lunch**-hamburger hotdish, corn, dinner rolls, salad & fruit

THIS WEEKS ACTIVITIES

Friday:

Practices:

- Track @ LHS
- Baseball @ LHS
- 5th VB @ LAC

Saturday:

Games:

- Baseball (V) @ Bismarck vs Velva 2:30 & Shiloh 6:30

NEXT WEEKS ACTIVITIES

Monday:

- FCCLA @ Bismarck

Practices:

- Track @ LHS
- Baseball @ LHS
- 5th VB @ LAC

Tuesday:

- FCCLA @ Bismarck

Games:

- Baseball (V) @ Grafton 4:30

Practices:

- Track @ LHS
- Baseball @ LHS
- 5th VB @ LAC

Wednesday:

Practices:

- Track @ LHS
- Baseball @ LHS

Thursday:

- Knowledge Bowl @ Cando

Games:

- Baseball (JV,V) @ Minto 4:30

Practices:

- Track @ LHS
- 5th VB @ LAC

Friday:

Games:

- ~~Track @ Devils Lake 4:00 CANCELLED~~
- Baseball (V) @ Dakota Prairie 4:30

Practices:

- Track @ LHS
- Baseball @ LHS

Lake Region State College is having a campus preview day Saturday, April 13 from 1-4 pm. Pre-register online at www.lrsc.edu - search Campus Preview Days and receive a free t-shirt. Questions? Call Lake Region State College at 1-800-443-1313 ext. 21677

Have a great day!