

# Thursday, April 4, 2019

Happy birthday to Heidi Voeller today

Good luck to the music students at the instrumental contest today.

## **Breakfast & Lunch**

### **Today:**

- soft tacos, corn, shredded lettuce/cheese, salad & sauce

### **Friday:**

- **Breakfast**-French toast, juice & sauce
- **Lunch**-tomato soup, grilled cheese, crackers, salad & fruit

## **THIS WEEKS ACTIVITIES**

### **Thursday:**

- Instrumental Contest @ Langdon

#### **Practices:**

- Track @ LHS
- Baseball @ LHS
- 5<sup>th</sup> VB @ LAC

### **Friday:**

#### **Practices:**

- Track @ LHS
- Baseball @ LHS
- 5<sup>th</sup> VB @ LAC

## **NEXT WEEKS ACTIVITIES**

### **Monday:**

- FCCLA @ Bismarck

#### **Games:**

- Baseball (V) @ Langdon vs Grafton 4:30

#### **Practices:**

- Track @ LHS
- Baseball @ LHS
- 5<sup>th</sup> VB @ LAC

### **Tuesday:**

- FCCLA @ Bismarck

#### **Games:**

- Baseball (JV) @ Grafton 4:30

#### **Practices:**

- Track @ LHS
- Baseball @ LHS
- 5<sup>th</sup> VB @ LAC

### **Wednesday:**

#### **Practices:**

- Track @ LHS
- Baseball @ LHS

### **Thursday:**

- Knowledge Bowl @ Cando

#### **Games:**

- Baseball (JV,V) @ Minto 4:30

**Practices:**

- Track @ LHS
- 5<sup>th</sup> VB @ LAC

**Friday:****Games:**

- Track @ Devils Lake 4:00
- Baseball (V) @ Dakota Prairie 4:30

**Practices:**

- Track @ LHS
- Baseball @ LHS

Lake Region State College is having a campus preview day Saturday, April 13 from 1-4 pm. Pre-register online at [www.lrsc.edu](http://www.lrsc.edu) - search Campus Preview Days and receive a free t-shirt. Questions? Call Lake Region State College at 1-800-443-1313 ext. 21677

Have a great day!