

# Monday, April 1, 2019

Congratulations to the high school vocal music students on their performance at the vocal contest. Large group received a 2, Nicole Voeller received a 1 on her solo, Heidi Voeller received a 2 on her solo and Ethan Sampson starred on his solo and will be going to state.

## Breakfast & Lunch

### **Today:**

- chicken nuggets, rotini, green beans, bread, salad & sauce

### **Tuesday:**

- **Breakfast**-cereal, fruit & juice
- **Lunch**-hot ham & cheese, French fries, beans, salad & fruit

## THIS WEEKS ACTIVITIES

### Monday:

#### **Practices:**

- Track @ LHS
- Baseball @ LHS
- 5<sup>th</sup> VB @ LAC

### Tuesday:

#### **Games:**

- Track Meet (JH) @ Belcourt 2:00

#### **Practices:**

- Track @ LHS
- Baseball @ LHS
- 5<sup>th</sup> VB @ LAC

### Wednesday:

- **Early Out 1:30**

#### **Practices:**

- Track @ LHS
- Baseball @ LHS

### Thursday:

- Instrumental Contest @ Langdon

#### **Practices:**

- Track @ LHS
- Baseball @ LHS
- 5<sup>th</sup> VB @ LAC

### Friday:

#### **Practices:**

- Track @ LHS
- Baseball @ LHS

Lake Region State College is having a campus preview day Saturday, April 13 from 1-4 pm. Pre-register online at [www.lrsc.edu](http://www.lrsc.edu) - search Campus Preview Days and receive a free t-shirt. Questions? Call Lake Region State College at 1-800-443-1313 ext. 21677

Have a great day!