

Thursday, March 28, 2019

Cardinal Athletic Banquet: Tonight @ LHS 6:30 – all parents and athletes invited

Lake Region State College is having a campus preview day Saturday, April 13 from 1-4 pm. Pre-register online at www.lrsc.edu - search Campus Preview Days and receive a free t-shirt.

Questions? Call Lake Region State College at 1-800-443-1313 ext. 21677

Breakfast & Lunch

Today:

- Sara's Meal: spaghetti with meat sauce, green beans, garlic toast, salad, sauce & cake

Friday:

- **Breakfast**-HB eggs, fruit, toast & juice
- **Lunch**-fish burger, potato wedges, salad & fruit

THIS WEEKS ACTIVITIES

Thursday:

- Scrubs Camp 5th Grade @ Devils Lake
- Athletic Banquet @ LHS 6:30

Practices:

- Track @ LHS
- Baseball @ LHS
- 4th VB @ LES

Friday:

- Vocal Contest @ Leeds

Practices:

- Track @ LHS
- Baseball @ LHS

NEXT WEEKS ACTIVITIES

Monday:

Practices:

- Track @ LHS
- Baseball @ LHS
- 5th VB @ LAC

Tuesday:

Games:

- Track Meet (JH) @ Belcourt 2:00

Practices:

- Track @ LHS
- Baseball @ LHS
- 5th VB @ LAC

Wednesday:

- **Early Out 1:30**

Practices:

- Track @ LHS
- Baseball @ LHS

Thursday:

- Instrumental Contest @ Langdon

Practices:

- Track @ LHS
- Baseball @ LHS
- 5th VB @ LAC

Friday:

Practices:

- Track @ LHS
- Baseball @ LHS

Have a great day!