

# Wednesday, March 27, 2019

Cardinal Athletic Banquet: Thursday, March 28<sup>th</sup> @ LHS 6:30 – all parents and athletes invited

Lake Region State College is having a campus preview day Saturday, April 13 from 1-4 pm. Pre-register online at [www.lrsc.edu](http://www.lrsc.edu) - search Campus Preview Days and receive a free t-shirt. Questions? Call Lake Region State College at 1-800-443-1313 ext. 21677

## **Breakfast & Lunch**

### **Today:**

- turkey gravy, mashed potatoes, carrots, dinner rolls, salad & sauce

### **Thursday:**

- **Breakfast**-oatmeal, fruit, toast & juice
- **Lunch**-Sara's Meal: spaghetti with meat sauce, green beans, garlic toast, salad, sauce & cake

## **THIS WEEKS ACTIVITIES**

### **Wednesday:**

#### **Practices:**

- Track @ LHS
- Baseball @ LHS

### **Thursday:**

- Scrubs Camp 5<sup>th</sup> Grade @ Devils Lake
- Athletic Banquet @ LHS 6:30

#### **Practices:**

- Track @ LHS
- Baseball @ LHS
- 4<sup>th</sup> VB @ LES

### **Friday:**

- Vocal Contest @ Leeds

#### **Practices:**

- Track @ LHS
- Baseball @ LHS

Have a great day!