

Monday, March 25, 2019

Cardinal Athletic Banquet: Thursday, March 28th @ LHS 6:30 – all parents and athletes invited

Lake Region State College is having a campus preview day Saturday, April 13 from 1-4 pm. Pre-register online at www.lrsc.edu - search Campus Preview Days and receive a free t-shirt.

Questions? Call Lake Region State College at 1-800-443-1313 ext. 21677

Breakfast & Lunch

Today:

- chicken fajitas, Spanish rice, corn, salad & sauce

Tuesday:

- **Breakfast**-pancakes, fruit & juice
- **Lunch**-BBQ's, chips, beans, salad & fruit

THIS WEEKS ACTIVITIES

Monday:

Practices:

- Track @ LHS
- Baseball @ LHS
- 4th VB @ LES

Tuesday:

Games:

- Track Meet @ Belcourt 1:00

Practices:

- Track @ LHS
- Baseball @ LHS
- 4th VB @ LES

Wednesday:

Practices:

- Track @ LHS
- Baseball @ LHS

Thursday:

- Scrubs Camp 5th Grade @ Devils Lake
- Athletic Banquet @ LHS 6:30

Practices:

- Track @ LHS
- Baseball @ LHS
- 4th VB @ LES

Friday:

- Vocal Contest @ Leeds

Practices:

- Track @ LHS
- Baseball @ LHS

Have a great day!