

Wednesday, October 25, 2017

Boxscore:

VB: all won in straight sets vs Rolette

5th BBB: lost vs Rolla

6th BBB: won vs Rolla

Red Ribbon Week: Your Future Is Key, So Stay Drug Free TM - Celebrate Red Ribbon Week (October 23-31).

- It's Red Ribbon Week® and I am taking a stand against drugs. Join me. Take the pledge: www.redribbon.org/pledge

BREAKFAST & LUNCH

Today:

- hamburger gravy, mashed potatoes, dinner rolls, carrots, salad & sauce

Thursday:

- **Breakfast**-HB eggs, toast, fruit & juice
- **Lunch**-chicken tortilla soup, assorted sandwiches, tortilla chips, salad & sauce

THIS WEEKS ACTIVITIES

Wednesday:

- **FCCLA @ Devils Lake**

Practices:

- JV/V FB @ LFF
- V VB @ LHS
- XC @ LHS

Thursday:

Games:

- **5 & 6 BBB @ Langdon vs Cavalier 5:00**
- **JV & V VB @ Langdon vs Lakota 6:00**

Practices:

- JH VB @ LAC
- JV/V FB @ LFF
- XC @ LHS

Friday:

- **End of 1st Qtr.**

Practices:

- 5 & 6 BBB @ LES
- JV/V FB @ LFF
- JH VB @ LAC
- V VB @ LHS
- XC @ LHS

Saturday:

Games:

- **V FB @ Langdon vs Ellendale/Edgeley 2:00**
- **XC State @ Valley City 2:00**
- **5 & 6 BBB @ Park River Jamboree**

Have a great day!!