

# Monday, October 9, 2017

## Weekend Boxscore:

V VB: 1<sup>st</sup> place in Langdon Tournament

V FB: won 56-0 vs Central Dakota

Congrats to Nathan Lorenz on being named **Player of the Game** Friday!

## BREAKFAST & LUNCH

### Today:

- chicken nuggets, rotini, salad, sauce & bread

### Tuesday:

- **Breakfast**-pancakes, fruit & juice
- **Lunch**-scalloped potatoes, squash, bread, sauce & salad

## THIS WEEKS ACTIVITIES

### Monday:

#### Games:

- JH FB @ Cavalier 5:00
- JV FB @ Langdon vs Park River 6:00

#### Practices:

- 4-6 FB @ LHS (turn in equipment)
- JH VB @ LAC
- V VB @ LHS
- JV/V FB @ LFF
- 5 & 6 BBB @ LES

### Tuesday:

#### Games:

- 7, 8, C, JV & V VB @ Dakota Prairie 4:00
- 5 & 6 BBB @ Park River 5:00

#### Practices:

- JV/V FB @ LFF

### Wednesday:

#### Practices:

- JV/V FB @ LFF
- JH VB @ LAC
- V VB @ LHS

### Thursday:

- Nelson's Pumpkin Patch Field Trip PreK-5th

#### Games:

- XC @ Cooperstown 4:00
- 8 & JH VB @ Turtle Mountain 4:00
- C, JV & V VB @ Harvey/WC 5:00

#### Practices:

- 5 & 6 BBB @ LES
- JH VB @ LHS
- JV/V FB @ LFF

### Friday:

#### Games:

- V FB @ Langdon vs Park River 7:00

#### Practices:

- 5 & 6 BBB @ LES
- JH VB @ LAC
- V VB @ LHS

**Saturday:**

**Games:**

- 7 & 8 VB @ Park River Tournament
- 6<sup>th</sup> BBB @ Minto Jamboree

**Have a great day!!**