

Friday, September 29, 2017

Happy Birthday to Keenan Kalhagen Saturday.

FCCLA meeting at noon TODAY

Boxscore:

7 & 8 VB: won vs Devils Lake

6th GBB: won vs Cavalier

If anyone is interested in attending **Health Career Day** on their own **October 5**, please see Mrs. Henry.

Breakfast & Lunch

Today:

- taco-in-a-bag, corn, shredded lettuce & cheese, sauce, salad & rice pudding with raisins

Monday:

- **Breakfast**-cereal, juice & fruit
- **Lunch**-BBQ's, chips, fruit salad & salad

THIS WEEKS ACTIVITIES

Friday:

Games:

- V FB @ Langdon vs Carrington 7:00
- V VB @ Des Lacs Tournament

Practices:

- XC @ LHS

Saturday:

Games:

- V VB @ Des Lacs Tournament
- 4-6 FB @ North Border Jamboree

NEXT WEEKS ACTIVITIES

Monday:

Games:

- JH FB @ Four Winds 5:00
- JV FB @ Rolla 6:00
- 7, 8 & JH VB @ Devils Lake 4:30
- C VB @ St John 5:30
- XC @ Larimore 4:00

Practices:

Tuesday:

Games:

- JH, C, JV & V VB @ Rolla 4:00

Practices:

- 5/6 BBB @ LES
- JH FB @ LFF

Wednesday:

Practices:

- JH FB @ LFF

Thursday:

Games:

- 7, 8, C, JV & V VB @ Langdon vs St John 3:30

Practices:

- JH FB @ LFF

Friday:

- Close-Up Steak Fry @ Double Deuce 5:00 until gone

Games:

- V FB @ Central Dakota 7:00

Practices:

- 5/6 BBB @ LES

Saturday:

Games:

- V VB @ Langdon Tournament
- 4-6 FB @ Grafton Jamboree
- XC @ Rugby 11:00

Have a great day!!