

Monday, September 25, 2017

If anyone is interested in attending **Health Career Day** on their own **October 5**, please see Mrs. Henry.

Breakfast & Lunch

Today:

- pizza, green beans, salad & sauce

Tuesday:

- **Breakfast**-rolls, sauce & juice
- **Lunch**-wraps, sweet potatoes, mac salad, chips, salad & fruit

THIS WEEKS ACTIVITIES

Monday:

Games:

- **JH & JV FB @ Park River 4:30**
- **7, 8 & C VB @ Langdon vs Turtle Mountain 4:00**
- **5 & 6 GBB @ Langdon vs Cavalier 5:00**

Practices:

- V VB @ Edmore
- XC @ LHS
- JV/V FB @ LFF
- 4-6 FB @ Softball Diamonds

Tuesday:

Games:

- **JH, C & JV VB @ Four Winds 5:00**

Practices:

- 4-6 FB @ Softball Diamonds
- XC @ LHS
- JH, JV, V FB @ LFF
- JH VB @ LAC
- V VB @ LHS

Wednesday:

Practices:

- XC @ LHS
- JH, JV, V FB @ LFF
- JH VB @ LAC
- V VB @ LHS

Thursday:

- Pride of Dakota Day

Games:

- **7 & 8 VB @ Edmore vs DL 4:00 (4 games)**
- **5 & 6 GBB @ Cavalier 5:00**
- **C VB @ Devils Lake 4:30**

Practices:

- XC @ LHS
- V VB @ LHS
- 4-6 FB @ Softball Diamonds
- JH, JV & V FB @ LFF

Friday:

Games:

- V FB @ Langdon vs Carrington 7:00
- V VB @ Des Lacs Tournament

Practices:

- XC @ LHS

Saturday:

Games:

- V VB @ Des Lacs Tournament
- 4-6 FB @ North Border Jamboree

Have a great day!!