

Friday, September 22, 2017

Happy Birthday to Mr. Fox today and Davis Brekke Saturday.

MNF winner for Sept. 18: Jason Skaar

Boxscore:

6th GBB: won vs North Star

VB: all won in straight sets vs Dunseith

If anyone is interested in attending **Health Career Day** on their own **October 5**, please see Mrs. Henry.

Homecoming Week - September 18 – 22

Friday: Cardinal Spirit Day and Tug-O-War and Nylon game period 3, Dance at LHS until 12:30 (doors open at 9:30 and will close at 10:00)

Breakfast & Lunch

Today:

- French dip, French fries, salad & sauce

Monday:

- **Breakfast**-muffins, sauce & juice
- **Lunch**-pizza, green beans, salad & sauce

THIS WEEKS ACTIVITIES

Friday:

Games:

- **V FB @ Langdon vs Bottineau 7:00 (Homecoming)**

Practices:

- XC @ LHS
- 5 & 6 GBB @ LES
- JH VB @ LAC
- V VB @ LHS

Saturday:

Games:

- **5 & 6 GBB @ Park River Jamboree**
- **4-6 FB @ Park River Jamboree**
- **XC @ Valley City 11:00**

NEXT WEEKS ACTIVITIES

Monday:

Games:

- **JH & JV FG @ Park River 4:30**
- **7, 8 & C VB @ Langdon vs Turtle Mountain 4:00**
- **5 & 6 GBB @ Langdon vs Cavalier 5:00**

Practices:

- XC @ LHS
- JV/V FB @ LFF
- 4-6 FB @ Softball Diamonds

Tuesday:

Games:

- **JH, C & JV VB @ Four Winds 5:00**

Practices:

- 4-6 FB @ Softball Diamonds

- XC @ LHS
- JH, JV, V FB @ LFF
- JH VB @ LAC
- V VB @ LHS

Wednesday:

Practices:

- XC @ LHS
- JH, JV, V FB @ LFF
- JH VB @ LAC
- V VB @ LHS

Thursday:

Games:

- **7 & 8 VB @ Edmore vs DL 4:00 (4 games)**
- **5 & 6 GBB @ Cavalier 5:00**
- **C VB @ Devils Lake 4:30**

Practices:

- XC @ LHS
- V VB @ LHS
- 4-6 FB @ Softball Diamonds
- JH, JV & V FB @ LFF

Friday:

Games:

- **V FB @ Langdon vs Carrington 7:00**
- **V VB @ Des Lacs Tournament**

Practices:

- XC @ LHS

Saturday:

Games:

- **V VB @ Des Lacs Tournament**
- **4-6 FB @ North Border Jamboree**

Have a great day!!