

Thursday, September 21, 2017

Good luck to the **5 & 6 GBB & JH, C, JV & V VB** today.

If anyone is interested in attending **Health Career Day** on their own **October 5**, please see Mrs. Henry.

Homecoming Week - September 18 – 22

Thursday: Past/Future Day and Pictionary period 4

Friday: Cardinal Spirit Day and Tug-O-War and Nylon game period 3, Dance at LHS until 12:30 (doors open at 9:30 and will close at 10:00)

Breakfast & Lunch

Today:

- turkey noodle soup, assorted sandwiches, crackers, salad & fruit

Friday:

- **Breakfast**-cereal, yogurt & juice
- **Lunch**-French dip, French fries, salad & sauce

THIS WEEKS ACTIVITIES

Thursday:

Games:

- **7, 8, C, JV, V VB @ Langdon vs Dunseith 3:45**
- **5 & 6 GBB @ Munich vs North Star 4:30**

Practices:

- XC @ LHS
- 4-6 FB @ Softball Diamonds
- JH, JV & V FB @ LFF

Friday:

Games:

- **V FB @ Langdon vs Bottineau 7:00 (Homecoming)**

Practices:

- XC @ LHS
- 5 & 6 GBB @ LES
- JH VB @ LAC
- V VB @ LHS

Saturday:

Games:

- **5 & 6 GBB @ Park River Jamboree**
- **4-6 FB @ Park River Jamboree**
- **XC @ Valley City 11:00**

Have a great day!!