

Wednesday, September 20, 2017

If anyone is interested in attending **Health Career Day** on their own **October 5**, please see Mrs. Henry.

Homecoming Week - September 18 – 22

Wednesday: "Merica Day and Dodgeball period 6

Thursday: Past/Future Day and Bazinga period 4

Friday: Cardinal Spirit Day and Tug-O-War and Nylon game period 3, Dance at LHS until 12:30 (doors open at 9:30 and will close at 10:00)

Breakfast & Lunch

Today:

- spaghetti with meat sauce, green beans, garlic toast, salad & sauce

Thursday:

- **Breakfast**-French toast sticks, sauce & juice
- **Lunch**-turkey noodle soup, assorted sandwiches, crackers, salad & fruit

THIS WEEKS ACTIVITIES

Wednesday:

- Immunizations 9:00
- Devils Lake College Occupational Fair Jrs & Srs

Practices:

- XC @ LHS
- JH, JV, V FB @ LFF
- JH VB @ LAC
- V VB @ LHS

Thursday:

Games:

- 7, 8, C, JV, V VB @ Langdon vs Dunseith 3:45
- 5 & 6 GBB @ Munich vs North Star 4:30

Practices:

- XC @ LHS
- 4-6 FB @ Softball Diamonds
- JH, JV & V FB @ LFF

Friday:

Games:

- V FB @ Langdon vs Bottineau 7:00 (Homecoming)

Practices:

- XC @ LHS
- 5 & 6 GBB @ LES
- JH VB @ LAC
- V VB @ LHS

Saturday:

Games:

- 5 & 6 GBB @ Park River Jamboree
- 4-6 FB @ Park River Jamboree
- XC @ Valley City 11:00

Have a great day!!