

Tuesday, September 19, 2017

Boxscore:

VB: all won in straight sets vs Benson County

JH FB: lost 20-0 vs Bottineau

JV FB: won 48-6 vs Bottineau

JH XC: Helena 7th

V XC: Sara 6th

If anyone is interested in attending **Health Career Day** on their own **October 5**, please see Mrs. Henry.

Homecoming Week - September 18 – 22

Tuesday: Character Day and Pictionary period 7

Wednesday: "Merica Day and Dodgeball period 6

Thursday: Past/Future Day and Bazinga period 4

Friday: Cardinal Spirit Day and Tug-O-War and Nylon game period 3, Dance at LHS until 12:30 (doors open at 9:30 and will close at 10:00)

Breakfast & Lunch

Today:

- baked potatoes, chili, broccoli cheese, ham, shredded cheese, fruit, salad & bread

Wednesday:

- **Breakfast**-omelets, toast & fruit
- **Lunch**-spaghetti with meat sauce, green beans, garlic toast, salad & sauce

THIS WEEKS ACTIVITIES

Tuesday:

Games:

- 5th GBB @ Edmore vs Midway 4:30 (one game)

Practices:

- 4-6 FB @ Softball Diamonds
- XC @ LHS
- JH, JV, V FB @ LFF
- JH VB @ LAC
- V VB @ LHS

Wednesday:

- **Immunizations 9:00**
- **Devils Lake College Occupational Fair Jrs & Srs**

Practices:

- XC @ LHS
- JH, JV, V FB @ LFF
- JH VB @ LAC
- V VB @ LHS

Thursday:

Games:

- 7, 8, C, JV, V VB @ Langdon vs Dunseith 3:45
- 5 & 6 GBB @ Munich vs North Star 4:30

Practices:

- XC @ LHS
- 4-6 FB @ Softball Diamonds
- JH, JV & V FB @ LFF

Friday:

Games:

- **V FB @ Langdon vs Bottineau 7:00 (Homecoming)**

Practices:

- XC @ LHS
- 5 & 6 GBB @ LES
- JH VB @ LAC
- V VB @ LHS

Saturday:

Games:

- **5 & 6 GBB @ Park River Jamboree**
- **4-6 FB @ Park River Jamboree**
- **XC @ Valley City 11:00**

Have a great day!!