

Friday, September 15, 2017

Good Luck to the FB team tonight.

Boxscore:

JH, C, JV & V VB: all won in straight sets vs North Border

JH XC: Helena 6th

V XC: Sara 19th

There will be an FCCLA meeting at noon in the library on FRIDAY.

If anyone is interested in attending **Health Career Day** on their own **October 5**, please see Mrs. Henry.

Homecoming Week - September 18 – 22

Monday: Sports Day and Mission Impossible period 6

Tuesday: Character Day and Pictionary period 7

Wednesday: "Murica Day and Dodgeball period 5

Thursday: Past/Future Day and Bazinga period 4

Friday: Cardinal Spirit Day and Tug-O-War and Nylon game period 3, Dance at LHS until 12:30 (doors open at 9:30 and will close at 10:00)

Breakfast & Lunch

Today:

- hot dogs, French fries, salad, beans & fruit

Monday:

- **Breakfast**-yogurt, toast, juice & sauce
- **Lunch**-taco salad, shredded lettuce & cheese, corn, salad & sauce

THIS WEEKS ACTIVITIES

Friday:

Games:

- V FB @ Westhope/Newburg/Glenburn 7:00

Practices:

- XC @ LHS
- 5 & 6 GBB @ LES
- JH VB @ LAC
- V VB @ LHS

Saturday:

Games:

- 5 & 6 GBB @ North Star Jamboree
- 4-6 FB @ Cavalier Jamboree
- V VB @ Valley City Tournament

NEXT WEEKS ACTIVITIES

Monday:

Games:

- JH & JV FG @ Langdon vs Bottineau 5:00
- 7, 8, C, JV & V @ Leeds 3:30
- XC @ Langdon 4:00

Practices:

- 5 & 6 GBB @ LES
- JV/V FB @ LFF
- 4-6 FB @ Softball Diamonds

Tuesday:

Games:

- **5 & 6 GBB @ Edmore vs Midway 4:30 (one game)**

Practices:

- 4-6 FB @ Softball Diamonds
- XC @ LHS
- JH, JV, V FB @ LFF
- JH VB @ LAC
- V VB @ LHS

Wednesday:

- **Immunizations 9:00**
- **Devils Lake College Occupational Fair Jrs & Srs**

Practices:

- XC @ LHS
- JH, JV, V FB @ LFF
- JH VB @ LAC
- V VB @ LHS

Thursday:

Games:

- **7, 8, C, JV, V VB @ Langdon vs Dunseith 3:45**
- **5 & 6 GBB @ Munich vs North Star 4:30**

Practices:

- XC @ LHS
- 4-6 FB @ Softball Diamonds
- JH, JV & V FB @ LFF

Friday:

Games:

- **V FB @ Langdon vs Bottineau 7:00 (Homecoming)**

Practices:

- XC @ LHS
- 5 & 6 GBB @ LES
- JH VB @ LAC
- V VB @ LHS

Saturday:

Games:

- **5 & 6 GBB @ Park River Jamboree**
- **4-6 FB @ Park River Jamboree**
- **XC @ Valley City 11:00**

Have a great day!!