

Monday, March 12, 2018

Parent meeting on March 14 @ LAHS gym at 5:40-6:00. The primary purpose is to have all JH spring athletes sign the advancement form as well as to introduce your program and rules to the parents.

BREAKFAST & LUNCH

Today:

- Meal of the month: chicken pot pie, carrots, dinner roll, salad & sauce

Tuesday:

- **Breakfast**-caramel rolls, fruit & juice
- **Lunch**-taco-in-a-bag, corn, shredded lettuce & cheese, salad, bread & sauce

THIS WEEKS ACTIVITIES

Monday:

- Shooting Sports 3:30-4:30
- Academic Olympics @ Grafton

Practices:

- Track @ LHS

Tuesday:

- Homework Club 3:30-5:30

Practices:

- Track @ LHS
- 3 & 4 VB @ LES

Wednesday:

- Parent meeting for spring sports @ LAHS gym at 5:40-6:00.

Practices:

- Track @ LHS

Thursday:

- **NO SCHOOL**

Games:

- BBB State @ Bismarck

Practices:

- Track @ LHS
- 3 & 4 VB @ LES

Friday:

- **NO SCHOOL**

Games:

- BBB State @ Bismarck

Practices:

- Track @ LHS

Saturday:

Games:

- BBB State @ Bismarck

Any girls in grades 7-9 interested in finding out more about or attending the "**Expanding Your Horizons**" Conference at NDSU on April 7, please see Mrs. Henry.

Have a great day!!